



LUCE DEL LAGO

SPA & WELLNESS

# TREATMENTS

## Our collection treatments

### VILLA SERBELLONI SIGNATURE RITUAL | Face and body

Face & Body ritual with a relaxing anti-stress action. Body massage made with a 100% plant-based oil with cedar, cloves, and wild ylang ylang, plus a customized facial treatment.

2 h 20 min. | € 280

### PERSIAN ROSE | Face and body

Reconnect with nature, spirit and self with this deluxe body scrub, massage and facial based on the ancient rose extract. A bouquet of skin renewing aromatic oils. This body and facial treatment gives complete vitality and relaxation for the whole body.

2 h 20 min. | € 280

### JET LAG | Face and body

Phytomassopodia's ritual designed by prof. G.Mazzocco from Padova University: an exfoliating phytoemulsion, thermal mud, and a specific foot technique, combined with an head and neck massage for an immediate feeling of overall well-being.

50 min. | € 160

### FIVE SENSES | Face and body

This unique mind, body and soul experience combines the elements of nine phyto extract from MEI: olive oil, myrtle, aloe juice, rosemary, cucumber, shea butter, lemon, thyme, and cloves with a body scrub and massage, combined with a specific treatment for the eye area in our exclusive bed with water mattress, chromotherapy, steam and Vichy shower.

1 h 20 min. | € 190

# TREATMENTS

## Our collection treatments

### 24 KT GOLDEN OPULENCE

Body Ritual with 24K gold powder. Full body wrap, 24k gold powder facial and body massage. The exceptional regenerating power of 24K gold is combined with two anti-aging flowers to enhance the face and body.

50 min. | €160

### MATERNITY CUDDLE

Pregnancy can be hard on the body. That's why we designed a full-body massage that employs safe pre-natal techniques to reduce fatigue and relieve stiffness.

50 min. | €150

### GLAMOUR | Face and body

A uniquely designed professional formulation based on food ingredients and fruit extracts: mango extract, apricot, goji, turmeric, rice, white mulberry. This ritual, including scrub, massage and face mask, ensures highly effective powers on the elasticity, firming and brightening of the skin complexion.

1 h 20 min. | €190



## OUR MASSAGES

DURATION: 30, 50, 80 MIN | € 90,00 - 150,00 - 190,00

### DEEP TISSUE MASSAGE

Deep muscle massage to relieve from stress and tension.

2 h 20 min. | € 280

### MAORI®

Maori® is a traditional Polynesian technique that seeks to restore and rebalance the body. This is achieved through applying pressure to trigger points, using tools, hands, elbows and bodyweight to work the muscles and tissue.

50 min.



## OUR MESSAGES

DURATION: 30, 50, 80 MIN | € 90,00 - 150,00 - 190,00

### HOT STONE

This therapeutic massage rebalances the body's Yin and Yang energies. The hot stones increase body circulation and promotes injury recovery.

80 min.

### NEETRABYANGAM

From the Ayurvedic tradition, this energetic massage with a draining action is particularly suitable for those who want to combine the relaxing action with an anti-cellulite massage.

80 min.

### PINDA SWEDA NAM

It is based on the use of special sachet, Pinda, made of natural fabric and filled with a mix of marine extracts. Once heated, the sachet are used on the body with various sliding maneuvers and pressure

on specific points. This massage, from the Ayurvedic tradition, is considered a real purification therapy that relieves the heaviness and stiffness of the body by promoting the circulation of energy.

80 min.

### LOMI LOMI

Pampering massage performed with slow, deep and rhythmic movements using hands and forearms. This massage is capable to balance the body and mind to release from all the negativity.

50 min.

### EXPRESS MESSAGE

This massage is focused on a specific part of the body such as back, neck and shoulder or hands and feet.

30 min.

# SKIN CARE

## Our traditional treatments

### CLEANSING FACIAL

Deep cleansing treatment, customized on your skin needs combined with the use of “Diamond resurface”, an integrated system with multiple actions to increase the luminosity and smoothness of the skin.

50 min. | €140

### FOR MEN

Powerful skincare designed specifically for men’s skin. Packed with natural plant extracts, Vitamins and Antioxidants, “For Men” provides healthy, radiant and energized skin.

50 min. | €140

### EXPRESS FACIAL

Brightening and oxygenating mask, followed by a massage to the face, hands and scalp.

30 min. | €80

### EYES RITUAL

Eye focused ritual that helps to reduce tiredness and swelling-Toning massage using special porcelain tools for a visibly firmed appearance.

30 min. | €80

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## SKIN CARE

### Our specific treatments

#### TIMEXPERT RADIANCE C+

Timexpert Radiance C+ is formulated with our patented HLG nanopolymer which ensures that 6 times the amount of pure vitamin C is absorbed by the skin.

80 min. | €160

#### TIMEXPERT HYDRALURONIC

Our exclusive formulation combines the power of Hyaluronic Acid with our patented HLG nanopolymer, creating an innovative treatment for visibly denser, dewier and more hydrated skin.

80 min. | €160



# SKIN CARE

## Our specific treatments

### TIMEXPERT LIFT(IN)

An intelligent range that emulates the effects of surgical lifting, providing flaccid or sagging skin with volume, lift and firmness. Timexpert Lift (IN) works within the skin, at the root of the problem, to restructure and redefine the facial contour.

80 min. | €160

### TIMEXPERT RIDES

Timexpert Rides is the ultimate solution to reduce lines and wrinkles. Exclusive active ingredients Tissualge Tech® and BTX Tripeptide® combat dynamic and static wrinkles.

80 min. | €160





# BODY CARE

## INOSTRIESFOLIANTICORPO

**Italian summer:** sweet orange and citrus scrub.

**Sale alla menta piperita:** detoxifying Sicilian sea salt scrub.

**Oro del mediterraneo:** olive oil, myrtle and aloe juice scrub.

50 min. | 140 €

## THALASSO SPA

Anti-oxidative, revitalizing and regenerating treatment. The exclusive self-heating sea mud, patented by Phytomer, wraps around the entire body. The pleasant warmth and the millions of mini bubbles of bimolecular hydrogen, have the extraordinary ability to activate cellular metabolism, to fight the stress and to restore tissue's energy and tone.

80 min. | 190 €

## SCULPT ZONE

Localized treatment tailored to your needs: fight localized fat deposits and cellulite or promote firming, preserving tone?

50 min. | 140 €



## BEAUTY SERVICES

Eyelash perm	€ 80
Eyebrows shaping	€ 20
Eyelash or eyebrow tinting	€ 30
Brow lift	€ 60

### WAXING

Full leg	€ 80
Half leg	€ 20
Bikini / armpits / upper lip	€ 30

## BEAUTY SERVICES

### MANICURE E PEDICURE

Manicure/french manicure

€ 70

Pedicure

€ 90

Luxury pedicure

80 min. | circa €150

Extraordinary treatment for your feet that will refresh as well as hydrate and nourish. Feet are exfoliated and hydrated. Nails and cuticles are then trimmed, shaped and painted.

Shellac polish removal

€ 40

Service gel upon request

## OUR RITUALS FOR TWO

Share our twin room with a special person

### CANDLE & CHAMPAGNE

This massage is a unique sensory experience, for a relaxing, nourishing and anti-fatigue effect, thanks to the precious vegetable butters contained in this special candle and the pampering manual skills. After the massage, you can relax drinking a flûte of Champagne.

from 50 min. | € 340,00 for couple

### COCONUT DELUXE

Relaxing massage with 100% pure coconut butter, with an intense exotic scent for a nourishing and silky action.

After the massage you can relax with a delicious coconut cocktail.

from 50 min. | € 340,00 for couple

### DOLCE VITA

Elasticizing massage made with Balance oil and citrus extracts, combined with the brightening face mask.

After the massage you can keep on relaxing with a delicious orange juice or cocktail.

80 min. | € 410,00 for couple

### TRESOR DES MERS

Anti-oxidative, revitalizing and regenerating treatment. The exclusive self-heating sea mud, patented by Phytomer, wraps around the entire body. The pleasant warmth and the millions of mini bubbles of bimolecular hydrogen, have the extraordinary ability to activate cellular metabolism, to fight the stress and to restore tissue's energy and tone. At the end you will taste the sea through our sparkling cocktail.

80 min. | € 410,00 for couple





## GENERAL INFORMATION

### **Cancellations**

All amendments or cancellations must be notified to the SPA at least 24 hours before the appointment, otherwise the 100% amount of the treatment will be charged.

### **Children**

Children under 12 years old must be accompanied by an adult when using the SPA services. The authorization of an adult is required for children under 18 undergoing a treatment.

### **Reservations**

Reservations can be made by calling extension 6432 or by sending an e-mail to [spa@villaserbelloni.com](mailto:spa@villaserbelloni.com). We kindly invite you to arrive at least 15 minutes before your appointment. In case of delay, the treatment duration will be shortened.

### **For Your Own Comfort**

The SPA is an oasis of calm and peace, so you are kindly invited to respect other guests' privacy and quiet by keeping your voice low and turning off mobile phones.

### **Opening Hours**

Daily from 9 am to 8 pm

